



# McNicholas ROCKETS

## 2023 Cross Country

### Coaching Staff

Head Coach- Bill Valenzano  
Assistant Coach: Jennifer Russo



#### Team Physicians

Dr. John Zisko  
Dr. Steve Feagins

#### Athletic Trainer

Gabi Mathews

#### President

Dr. Denny Stanfield

#### Principal

Bob Noll

#### Director of Athletics

Drew Schmidt '06

#### Assistant Director of Athletics

Tyler Carter

#### Athletics Coordinator

Susan Rohlfs



NAME	GRADE
Christian Burt	12
Carson Gardner	12
Lucas Hannah	12
Sean McManus	12
Cooper Steuer	12
Connor Svarda	12
Ian Wolfram	12
Amanda Braig	12
Mary Metzger	12
Cory Bernard	11
Michael Egan	11
Brady McPheron	11
Tyler Munzel	11
Sean O'Connell	11
Carson Schisler	11
Hayden Shelly	11
Noel Shelly	11
Tanner Shelly	11
Tyler Yannessia	11
Abigail Glace	11
Cara Metzger	11
Hayden Minnich	11
Lila Moeves	11
Sean Bursk	10
Noah Fleischmann	10
Cameron Goodin	10
Jackson Homan	10
Jacob Patrick	10
Amelia Engle	10
Annika Flynn	10
Addison Russo	10
Emmett Adams	9
Grace Ernst	9
Jenavieve Lipps	9
Emma Mahan	9
Annabel Moeves	9
Gabriella Tapp-Philipps	9

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