

Rocket Fuel

MCNICHOLAS MARKETPLACE GRILL

Monday April 29, 2019	Tuesday April 30, 2019	Wednesday May 1, 2019	Thursday May 2, 2019	Friday May 3, 2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Breakfast Casserole	Breakfast Biscuit Sandwich	Breakfast Sandwich	Breakfast Burrito	French Toast

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Ultimate Nachos	BBQ Pulled Chicken Sliders	Big Daddy Pizza	Chicken Tenders	National Hoagie Day
Grilled Chicken Sandwich	Crunchy Tacos	Bacon Cheeseburger	Ham & Cheese Croissant	Buffalo Chicken Hoagie
Chicken Salad Sandwich	Hot Dogs	Grilled Chicken Sandwich	Bosco Breadsticks	Chicken Bacon Ranch Hoagie

AVAILABLE DAILY

Assorted Bagels	Fresh Whole Fruit	French Fries
Fruit and Yogurt Parfait	Salad Bar	Onion Rings
Fruit and Cheese Cups	Hard-boiled Eggs	Celery Stick and Peanut Butter Cup
Dannon Yogurt with Fruit	Protein Bars	Carrot and Ranch Cup
Oikos Greek Yogurt (low sug/low carb)	Granola Bars	Fresh Baked Cookies
Fresh Fruit Cups	Beef Jerky	Hummus & Pretzel Chips



All items shown in green are designated "Balanced Choices," healthier options for a balanced diet.

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MCNICHOLAS MARKETPLACE GRILL



Monday May 6, 2019	Tuesday May 7, 2019	Wednesday May 8, 2019	Thursday May 9, 2019	Friday May 10, 2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
French Toast Sticks	Breakfast Burrito	Cinnamon Rolls	Breakfast Sandwich	Biscuits & Gravy

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Big Daddy Pizza	Chicken Tenders	Grilled Cheese Sandwich/Tomato Florentine Soup	National Shrimp Day	McNick Appreciation Luncheon
Pepperoni Calzone	Pizza Steak Hoagie	Big Daddy Pizza	Popcorn Shrimp	
Bosco Breadsticks	<i>Teacher Appreciation Day</i> Teachers Enjoy a free Beverage	Turkey Pesto Flatbread	Chicken Tenders	"FUN IN THE SUN"

AVAILABLE DAILY

Assorted Bagels	Fresh Whole Fruit	French Fries
Fruit and Yogurt Parfait	Salad Bar	Onion Rings
Fruit and Cheese Cups	Hard-boiled Eggs	Celery Stick and Peanut Butter Cup
Dannon Yogurt with Fruit	Protein Bars	Carrot and Ranch Cup
Oikos Greek Yogurt (low sug/low carb)	Granola Bars	Fresh Baked Cookies
Fresh Fruit Cups	Beef Jerky	Hummus & Pretzel Chips



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MCNICHOLAS MARKETPLACE GRILL

Monday May 13, 2019	Tuesday May 14, 2019	Wednesday May 15, 2019	Thursday May 16, 2019	Friday May 17, 2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Bagel Sandwich	Breakfast Burrito	Breakfast Pizza	Oatmeal Bar	

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chili Cheese Fries	Veggie Lo Mein	Big Daddy Pizza	Chicken Tenders	National Cherry Cobbler Day
Big Daddy Pizza	Vegetable Eggroll	Bosco Breadstick	Corn Dogs	Big Daddy Pizza
National Hummus Day	Chicken Tenders	Pulled Pork Sandwich	Macaroni & Cheese	Stuffed Pretzel

AVAILABLE DAILY

Assorted Bagels	Fresh Whole Fruit	French Fries
Fruit and Yogurt Parfait	Salad Bar	Onion Rings
Fruit and Cheese Cups	Hard-boiled Eggs	Celery Stick and Peanut Butter Cup
Dannon Yogurt with Fruit	Protein Bars	Carrot and Ranch Cup
Oikos Greek Yogurt (low sug/low carb)	Granola Bars	Fresh Baked Cookies
Fresh Fruit Cups	Beef Jerky	Hummus & Pretzel Chips



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MCNICHOLAS MARKETPLACE GRILL

Monday May 20, 2019	Tuesday May 21, 2019	Wednesday May 22, 2019	Thursday May 23, 2019	Friday May 24, 2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Breakfast Pizza	Breakfast Sandwich	Cinnamon Roll	

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Tenders	Big Daddy Pizza	Early Dismissal	Early Dismissal	Have A Safe and Happy
Cheesy Waffle Fries	French Fries	No Lunch	No Lunch	Summer!!!!
Grilled Chicken Sandwich	Grilled Chicken Sandwich			

AVAILABLE DAILY

Assorted Bagels	Fresh Whole Fruit	French Fries
Fruit and Yogurt Parfait	Salad Bar	Onion Rings
Fruit and Cheese Cups	Hard-boiled Eggs	Celery Stick and Peanut Butter Cup
Dannon Yogurt with Fruit	Protein Bars	Carrot and Ranch Cup
Oikos Greek Yogurt (low sug/low carb)	Granola Bars	Fresh Baked Cookies
Fresh Fruit Cups	Beef Jerky	Hummus & Pretzel Chips



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