

Rocket Fuel

MCNICHOLAS MARKETPLACE GRILL

Look for our Food Holiday Celebrations all Month!



Monday March 2, 2020	Tuesday March 3, 2020	Wednesday March 4, 2020	Thursday March 5, 2020	Friday March 6, 2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Breakfast Burrito	Breakfast Biscuit Sandwich	Cinnamon Roll	French Toast Breakfast Sandwich	Donut Holes

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Big Daddy Pizza	Build Your	Veg Lo Mein	Big Daddy Pizza	Lenten Special Popcorn Shrimp/Fries
Chicken Tenders	Own Deli	Pot stickers	Chicken Tenders	Cheese Tortellini/Garlic Bread
Ham on Ciabatta Roll	Sandwich	Spring Rolls	National Cheese Doodle Day	Tuna Bread Bowl
Straight Cut Fries	Waffle Fries	Shoestring Fries	Curly Fries	French Fry Wedges

	Available Daily	Great Snacking	Options for you!	
Assorted Bagels	Celery & Peanut Butter Cup	Fresh Fruit Cups	Granola Bars	Oikos Greek Yogurt (low carb/low sugar)
Beef Jerky	French Fries	Fresh Whole Fruit	Hard-Boiled Eggs	Protein Bars
Carrot & Ranch Cup	Fresh Baked Cookies	Fruit & Cheese Parfaits	Hummus & Pretzel Chips	Salad Bar



All items shown in green are designated "Balanced Choices," healthier options for a balanced diet.



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Monday March 9, 2020	Tuesday March 10, 2020	Wednesday March 11, 2020	Thursday March 12, 2020	Friday March 13, 2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Biscuit & Gravy	Oatmeal Bar	Cinnamon Rolls	Hash Brown Sandwich	French Toast Sticks

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
National Meatball Day	Chicken Tenders	National "Eat Your Noodles Day"	Big Daddy Pizza	Lent Special Shrimp Po Boy Sandwich
Meatball Hoagie	Big Daddy Pizza	Pasta Bar	Chicken Tenders	Jalapeno Poppers
Spaghetti & Meatballs	Look for Sushi in the Café!	Bosco Breadsticks	Chicken Caesar Wrap	Baked Potato Bar
Onion Rings	Curly Fries	Shoestring Fries	Waffle Fries	Crinkle Cut Fries

	Available Daily	Great Snacking	Options for you!	
Assorted Bagels	Celery & Peanut Butter Cup	Fresh Fruit Cups	Granola Bars	Oikos Greek Yogurt (low carb/low sugar)
Beef Jerky	French Fries	Fresh Whole Fruit	Hard-Boiled Eggs	Protein Bars
Carrot & Ranch Cup	Fresh Baked Cookies	Fruit & Cheese Parfaits	Hummus & Pretzel Chips	Salad Bar



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Monday March 16, 2020	Tuesday March 17, 2020	Wednesday March 18, 2020	Thursday March 19, 2020	Friday March 20, 2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Breakfast Pizza	Breakfast Burrito	Cinnamon Rolls	French Toast Sticks

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
NO SCHOOL	St. Patrick's Day Special	Tostada Stacks	Chicken Tenders	Lenten Special Cod Fries
	Turkey Reuben Sandwich	Taco Salad	Big Daddy Pizza	National Ravioli Day Cheese Ravioli
	Potato Pancakes	Gr Chicken Sandwich	Look for Sushi in the Café!	Macaroni & Cheese
	Waffle Fries	Curly Fries	Tater Tots	Straight Cuts

	Available Daily	Great Snacking	Options for you!	
Assorted Bagels	Celery & Peanut Butter Cup	Fresh Fruit Cups	Granola Bars	Oikos Greek Yogurt (low carb/low sugar)
Beef Jerky	French Fries	Fresh Whole Fruit	Hard-Boiled Eggs	Protein Bars
Carrot & Ranch Cup	Fresh Baked Cookies	Fruit & Cheese Parfaits	Hummus & Pretzel Chips	Salad Bar

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Monday March 23, 2020	Tuesday March 24, 2020	Wednesday March 25, 2020	Thursday March 26, 2020	Friday March 27, 2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Breakfast Sandwich	Biscuits & Gravy	Breakfast Burrito	Cinnamon Rolls	French Toast Sticks

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Cincy Chili	Big Daddy Pizza	National Waffle Day	Big Daddy Pizza	Lenten Specials
3-Way or Cheese Coney's	Chicken Tenders	Chicken & Waffles	Chicken Tenders	Fish Sandwich
National Chips & Dip Day! Chips & Salsa	Look for Sushi in the Café!	Pizza Steak Hoagies	BYO Burger Bar	Macaroni & Cheese
Straight Cuts	Shoestring Fries	Tater Tots	Waffle Fries	Curly Fries

	Available Daily	Great Snacking	Options for you!	
Assorted Bagels	Celery & Peanut Butter Cup	Fresh Fruit Cups	Granola Bars	Oakes Greek Yogurt (low carb/low sugar)
Beef Jerky	French Fries	Fresh Whole Fruit	Hard-Boiled Eggs	Protein Bars
Carrot & Ranch Cup	Fresh Baked Cookies	Fruit & Cheese Parfaits	Hummus & Pretzel Chips	Salad Bar

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